

× **MEN'S APPAREL SIZE CHART**

<b>EURO SIZE</b>	40	42	44	46	48	50	52	54	56	58	60	62	64	66
<b>INTERNATIONAL SIZE</b>	XXS		XS		S		M		L		XL		5XL	
<b>U.S. SIZE</b>	30	32	34	36	38	40	42	44	46	48	50	52	54	56
<b>U.S. PANT SIZE</b>	24	26	28	30	32	34	36	38	40	42	44	46	48	50

<b>A. CHEST (cm)</b>	78-82	82-86	86-90	90-94	94-98	98-102	102-106	106-110	110-114	114-118	118-122	122-126	126-130	130-134
<b>B. WAIST (cm)</b>	64-68	68-72	72-76	76-80	80-84	84-88	88-92	92-96	96-100	100-104	104-108	108-112	112-116	116-120
<b>C. HIP (cm)</b>	79-83	83-87	87-91	91-95	95-99	99-103	103-107	107-111	111-115	115-119	119-123	123-127	127-131	131-136
<b>D. THIGH (cm)</b>	48-49	50-51	52-53	54-55	56-57	58-59	60-61	62-63	64-65	66-67	68-69	70-71	72-73	74-75
<b>E. INSEAM (cm)</b>	71-72	73-74	75-76	77-78	79-80	81-82	83-84	85-86	87-88	89-90	89-90	91-92	91-92	91-92
<b>F. OUTER ARM (cm)</b>	49-50	51-52	53-54	55-56	57-58	59-60	61-62	63-64	65-66	67-68	67-68	69-70	69-70	69-70
<b>G. HEIGHT (cm)</b>	150-156	157-163	164-167	168-171	172-175	176-179	180-183	184-187	188-191	192-195	192-195	196-199	196-199	196-199

<b>A. CHEST (inch)</b>	30 ¾ - 32 ¼	32 ¼ - 33 ¾	33 ¾ - 35 ¼	35 ¼ - 37	37 - 38 ½	38 ½ - 40 ¼	40 ¼ - 41 ¾	41 ¾ - 43 ¼	43 ¼ - 44 ¾	44 ¾ - 46 ½	46 ½ - 48	48 - 49 ½	49 ½ - 51 ¼	51 ¼ - 53 ¾
<b>B. WAIST (inch)</b>	25 ¼ - 26 ¾	26 ¾ - 28 ¼	28 ¼ - 29 ¾	29 ¾ - 31 ¼	31 ¼ - 33 ¾	33 ¾ - 34 ¾	34 ¾ - 36 ¼	36 ¼ - 37 ¾	37 ¾ - 39 ¼	39 ¼ - 41	41 - 42 ½	42 ½ - 44 ¼	44 ¼ - 45 ¾	45 ¾ - 47 ¾
<b>C. HIP (inch)</b>	31 ¼ - 32 ¾	32 ¾ - 34 ¼	34 ¼ - 35 ¾	35 ¾ - 37 ¼	37 ¼ - 39	39 - 40 ½	40 ½ - 42 ¼	42 ¼ - 43 ¾	43 ¾ - 45 ¼	45 ¼ - 46 ¾	46 ¾ - 48 ¼	48 ¼ - 50	50 - 51 ¾	51 ¾ - 54 ¼
<b>D. THIGH (inch)</b>	19 ¾ - 19 ¾	19 ¾ - 20 ¼	20 ¼ - 20 ¾	21 ¼ - 21 ¾	22 - 22 ½	22 ½ - 23 ¼	23 ¼ - 24	24 - 24 ¾	24 ¾ - 25 ¼	25 ¼ - 25 ¾	26 - 26 ¾	26 ¾ - 27 ¼	27 ¼ - 28	28 - 28 ½
<b>E. INSEAM (inch)</b>	28 - 28 ¾	28 ¾ - 29 ¼	29 ¼ - 29 ¾	30 - 30 ¾	31 ¼ - 31 ¾	31 ¾ - 32 ¼	32 ¼ - 33 ¾	33 ¾ - 33 ¾	34 ¼ - 34 ¾	35 - 35 ¾	35 - 35 ¾	35 ¾ - 36 ¼	35 ¾ - 36 ¾	35 ¾ - 36 ¾
<b>F. OUTER ARM (inch)</b>	19 ¼ - 20 ¼	20 ¼ - 20 ¾	20 ¾ - 21 ¼	21 ¼ - 22	22 ½ - 22 ¾	23 ¼ - 23 ¾	24 - 24 ¾	24 ¾ - 25 ¼	25 ¾ - 26	26 ¾ - 26 ¾	26 ¾ - 26 ¾	27 ¼ - 27 ¾	27 ¾ - 27 ¾	27 ¾ - 27 ¾
<b>G. HEIGHT (inch)</b>	4'11" - 5'1"	5'2" - 5'4"	5'4" - 5'5"	5'6" - 5'7"	5'7" - 5'8"	5'9" - 5'10"	5'11" - 6'	6' - 6'2"	6'2" - 6'3"	6'3" - 6'5"	6'3" - 6'5"	6'5" - 6'6"	6'5" - 6'6"	6'5" - 6'6"

× **YOUTH APPAREL SIZE CHART**

<b>U.S. SIZE</b>	22	24	26	28
<b>INTERNATIONAL SIZE</b>	S	M	L	XL
<b>YEARS</b>	6-7	8-10	11-12	13-14

<b>A. CHEST (cm)</b>	60.5 - 65.5	65.5 - 70.5	70.5 - 75.5	75.5 - 80.5
<b>B. WAIST (cm)</b>	54 - 58	58 - 62	62 - 66	66 - 70
<b>C. HIP (cm)</b>	68 - 72	72 - 76	76 - 80	80 - 84
<b>D. THIGH (cm)</b>	40 - 42	42 - 44	44 - 46	46 - 48
<b>E. INSEAM (cm)</b>	51.1 - 56.5	56.5 - 61.5	61.5 - 66.5	66.5 - 71.5
<b>F. ARM LENGTH (cm)</b>	39 - 43	43 - 47	47 - 51	51 - 55
<b>G. HEIGHT (cm)</b>	109 - 120	120 - 130	130 - 145	145 - 159

<b>A. CHEST (inch)</b>	23 ¾ - 25 ¾	25 ¾ - 27 ¾	27 ¾ - 29 ¾	29 ¾ - 31 ¾
<b>B. WAIST (inch)</b>	21 ¼ - 25 ¾	22 ¾ - 24 ¾	24 ¾ - 26	26 - 27 ½
<b>C. HIP (inch)</b>	26 ¾ - 28 ¾	28 ¾ - 29 ¾	29 ¾ - 31 ½	31 ½ - 33 ¾
<b>D. THIGH (inch)</b>	15 ¾ - 16 ½	16 ½ - 17 ¾	17 ¾ - 18 ¾	18 ¾ - 18 ¾
<b>E. INSEAM (inch)</b>	20 ¼ - 22 ¼	22 ¼ - 24 ¼	24 ¼ - 26 ¼	26 ¼ - 28 ¼
<b>F. ARM LENGTH (inch)</b>	15 ¾ - 16 ¾	16 ¾ - 18 ½	18 ½ - 20 ¼	20 ¼ - 21 ¾
<b>G. HEIGHT (inch)</b>	3'7" - 3'11"	3'11" - 4'3"	4'3" - 4'9"	4'9" - 5'3"

× **HOW TO MEASURE**

**A. Chest** - Measure around the fullest part, under the armpits, keeping the tape horizontal.

**B. Waist** - Measure around the natural waist line, in line with the navel, keeping the tape horizontal.

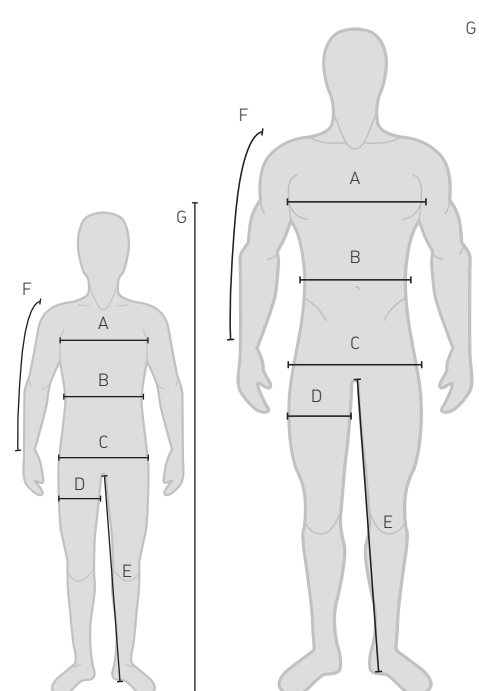
**C. Hip** - Measure around the fullest part of your hips, about 20cm below waist line, keeping the tape horizontal.

**D. Thigh** - Measure around the thigh just below the crotch, keeping the tape horizontal.

**E. Inseam** - Stand against a wall, ask someone else to measure from the crotch to the bottom of your leg.

**F. Arm Length** - Measure from shoulder (Humerus) to wrist.

**G. Height** - Stand against a wall, ask someone else to measure from the floor to the top of your head, keeping the tape vertical.

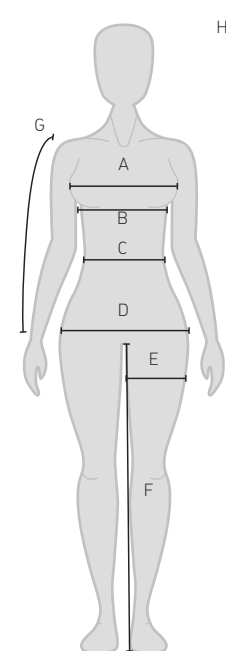


## × WOMEN'S APPAREL SIZE CHART

<b>EURO SIZE</b>	36	38	40	42	44	46	48	50	52	54
<b>INTERNATIONAL SIZE</b>	XXS		XS	S	M	L	XL	XXL		3XL
<b>U.S. SIZE</b>	0	2	4	6	8	10	12	14	16	18
<b>U.S. PANT SIZE</b>	22	24	26	28	30	32	34	36	38	40

<b>A. CHEST (cm)</b>	74-78	78-82	82-86	86-90	90-94	94-98	98-102	102-106	106-110	110-114
<b>B. BUST (cm)</b>	78-82	82-86	86-90	90-94	94-98	98-102	102-106	106-110	110-114	114-118
<b>C. WAIST (cm)</b>	58-62	62-66	66-70	70-74	74-78	78-82	82-86	86-90	90-94	94-98
<b>D. HIP (cm)</b>	82-86	86-90	90-94	94-98	98-102	102-106	106-110	110-114	114-118	118-122
<b>E. THIGH (cm)</b>	50-51	52-53	54-55	56-57	58-59	60-61	62-63	64-65	66-67	68-69
<b>F. INNER LEG (cm)</b>	72-73	74-75	76-77	78-79	80-81	82-83	84-85	84-85	86-87	86-87
<b>G. OUTER ARM (cm)</b>	50-51	52-53	54-55	56-57	58-59	60-61	62-63	62-63	64-65	64-65
<b>H. HEIGHT (cm)</b>	157-160	161-164	165-168	169-172	173-176	177-180	181-184	181-184	185-188	185-188

<b>A. CHEST (inch)</b>	29 1/8 - 30 3/4	30 3/4 - 32 1/4	32 1/4 - 33 3/8	33 3/8 - 35 3/8	35 3/8 - 37	37 - 38 5/8	38 5/8 - 40 1/8	40 1/8 - 41 3/4	41 3/4 - 43 1/4	43 1/4 - 44 7/8
<b>B. BUST (inch)</b>	30 3/4 - 32 1/4	32 1/4 - 33 3/8	33 3/8 - 35 3/8	35 3/8 - 37	37 - 38 5/8	38 5/8 - 40 1/8	40 1/8 - 41 3/4	41 3/4 - 43 1/4	43 1/4 - 44 7/8	44 7/8 - 46 1/2
<b>C. WAIST (inch)</b>	22 7/8 - 24 3/8	24 3/8 - 26	26 - 27 1/2	27 1/2 - 29 1/8	29 1/8 - 30 3/4	30 3/4 - 32 1/4	32 1/4 - 33 3/8	33 3/8 - 35 3/8	35 3/8 - 37	37 - 38 5/8
<b>D. HIP (inch)</b>	32 1/4 - 33 3/8	33 3/8 - 35 3/8	35 3/8 - 37	37 - 38 5/8	38 5/8 - 40 1/8	40 1/8 - 41 3/4	41 3/4 - 43 1/4	43 1/4 - 44 7/8	44 7/8 - 46 1/2	46 1/2 - 48
<b>E. THIGH (inch)</b>	19 5/8 - 20 1/8	20 1/2 - 20 7/8	21 1/4 - 21 5/8	22 - 22 1/2	22 1/2 - 23 1/4	23 1/4 - 24	24 1/4 - 24 3/4	25 1/4 - 25 5/8	26 - 26 3/4	26 3/4 - 27 1/4
<b>F. INNER LEG (inch)</b>	28 3/8 - 28 3/4	29 1/8 - 29 1/2	29 1/2 - 30 3/8	30 3/4 - 31 1/8	31 1/2 - 31 5/8	32 1/4 - 32 3/4	33 1/8 - 33 1/2	33 3/8 - 34 1/4	33 3/8 - 34 1/4	33 3/8 - 34 1/4
<b>G. OUTER ARM (inch)</b>	19 5/8 - 20 1/8	20 1/2 - 20 7/8	21 1/4 - 21 5/8	22 - 22 1/2	22 1/2 - 23 1/4	23 1/4 - 24	24 1/4 - 24 3/4	24 3/4 - 25 1/8	25 1/4 - 25 5/8	25 1/4 - 25 5/8
<b>H. HEIGHT (inch)</b>	5'2" - 5'3"	5'4" - 5'5"	5'5" - 5'6"	5'7" - 5'8"	5'8" - 5'9"	5'10" - 5'11"	5'11" - 6'	5'11" - 6'	6'1" - 6'2"	6'1" - 6'2"



### HOW TO MEASURE

- A. Chest - Measure around the fullest part, under the armpits, keeping the tape horizontal.  
 B. Bust - Measure around the fullest part of the bust, keeping the tape horizontal.  
 C. Waist - Measure around the natural waist line, inline with the navel, keeping the tape horizontal.  
 D. Hip - Measure around the fullest part of your hips, about 20cm below waist line, keeping the tape horizontal.

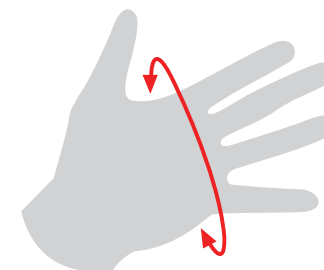
- E. Thigh - Measure around the thigh just below the crotch, keeping the tape horizontal.  
 F. Inseam - Stand against a wall, ask someone else to measure from the crotch to the bottom of your leg.  
 G. Arm Length - Measure from shoulder (Humerus) to wrist.  
 H. Height - Stand against a wall, ask someone else to measure from the floor to the top of your head, keeping the tape vertical.

## × GLOVES SIZE CHART

<b>INTERNATIONAL SIZE</b>	3XS	2XS	XS	S	M	L	XL	XXL	3XL
<b>MEN'S HAND MEASUREMENT (cm)</b>				17.8 - 20.3	20.3 - 21.6	21.6 - 22.9	22.9 - 24.1	24.1 - 25.4	25.4 - 27.9
<b>WOMEN'S HAND MEASUREMENT (cm)</b>	16.5 - 17.8			17.8 - 19	19 - 20.3	20.3 - 21.6	21.6 - 22.9		
<b>KIDS' HAND MEASUREMENT (cm)</b>	13.8 - 14.3	14.4 - 14.9	15 - 15.9	15.6 - 16.7	16.8 - 17.5	17.6 - 18.3	18.4 - 19.1		

<b>U.S. SIZE</b>	3XS	2XS	XS	S	M	L	XL	XXL	3XL
<b>MEN'S HAND MEASUREMENT (inch)</b>				7 1/2 - 8	8 - 8 1/2	8 1/2 - 9	9 - 9 1/2	9 1/2 - 10	10 - 11
<b>WOMEN'S HAND MEASUREMENT (inch)</b>	6 1/2 - 7			7 - 7 1/2	7 1/2 - 8	8 - 8 1/2	8 1/2 - 9		
<b>KIDS' HAND MEASUREMENT (inch)</b>	5 1/4 - 5 1/2	5 1/2 - 6	6 - 6 1/4	6 1/4 - 6 1/2	6 1/2 - 7	7 - 7 1/4	7 1/4 - 7 1/2		

### HOW TO MEASURE HAND CIRCUMFERENCE WITHOUT THUMB



## × MEN'S AND YOUTH'S FOOTWEAR SIZE CHART

<b>U.S. SIZE</b>	2.5	3	3.5	4	4.5	5.5	6	6.5	7	7.5	8	8.5	9	9.5	10	10.5	11	11.5	12	12.5	13
<b>EUR SIZE</b>	34	34.5	35	35.5	36	37.5	38	38.5	39	40	40.5	41	42	42.5	43	43.5	44	45	45.5	46	47
<b>JPN SIZE</b>	20.5	21	21.5	22	22.5	23.5	24	24.5	25	25.5	25.5	26	26.5	27	27.5	28	28.5	29.5	29.5	30	30.5

## × KIDS' FOOTWEAR SIZE CHART

<b>U.S. SIZE</b>	12.5	13.5	1	2
<b>EUR SIZE</b>	30	31	32	33
<b>JPN SIZE</b>	18	18.5	19	20